

cannondale®



General guidance for proper care of your Headshok fork

WHAT TO DO?	HOW OFTEN?	WHO?
OVERALL FORK INSPECTION Clean and visually inspect entire fork for cracks or damage. Things that can indicate a serious problem: 1. Unusual “klunking” or knocking noises 2. Changes in travel 3. Over-extended or compressed boot 4. Changes in the way the fork has been working 5. Loss of adjustments features (air pressure, lockout, rebound) 6. Sudden air loss or leaking fluid If you experience any of the above conditions, have the fork inspected by your Headshok Expert before riding it.	Before and After Each Ride	YOU
BOOT INSPECTION Check the fork boot for damage cracking, splits, or tears. Be sure to check in the folds of the boot. Check for any cables or lines rubbing the boot. Check the attachment of the boot at the top and bottom. The upper and lower boot lips should be fitted over the lower collar and fork lip. Replace the zip ties and cable guides (clamps) as required. Always tighten securely. If you find boot damage, the inside area under the fork should be inspected for damage. The damaged boot must be replaced with a new one. Do not try to fix it.	Before and After Each Ride	YOU
UNDER BOOT GREASE RENEWAL	Every 25 hours or 2 months	Headshok Expert
BEARING RESET	Every 25 hours	Headshok Expert
BOOT REPLACE	As needed (suggested annually)	Headshok Expert
COMPLETE REBUILD & INSPECT Disassemble and inspect all parts, including the telescope. Races, bearings, main telescope parts, damper cartridge, fluids, etc.	RACE: Every 50 hours NORMAL: Every 100 hours or 12 months	Headshok Expert

WARNING!

YOU CAN BE SERIOUSLY INJURED, PARALYZED OR KILLED RIDING ON A BROKEN OR POORLY MAINTAINED FORK!

Frequent checks are necessary to identify the problems that can lead to an accident. Regular preventive maintenance is necessary to keep your fork in top condition. Ask **Headshok Expert** to help you develop individual maintenance plan.

